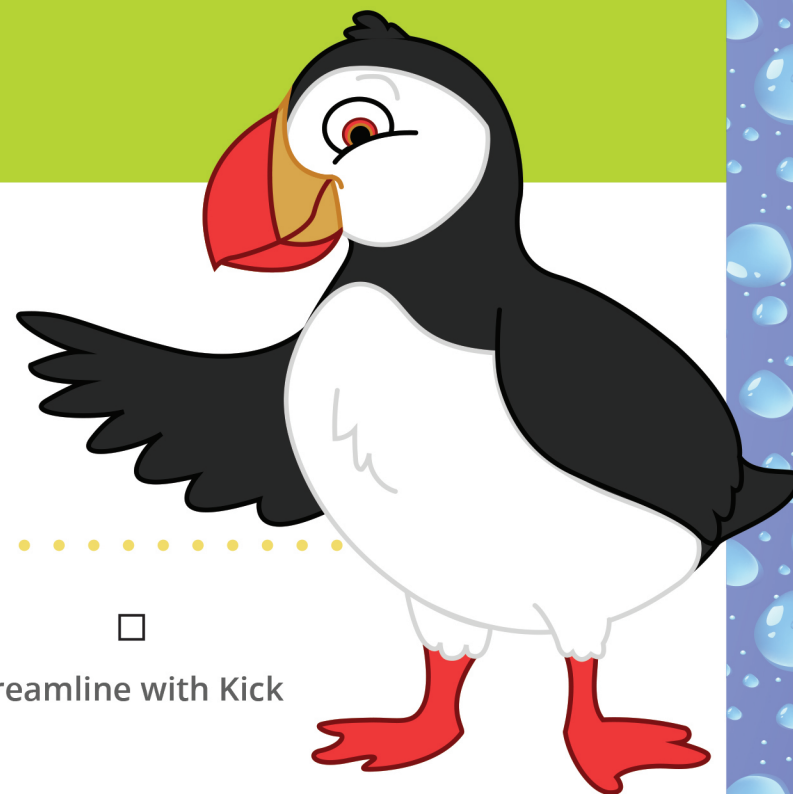




Peter the Puffin

# Intro to Strokes



## Level 3 Child Swim

This is my record of Swimming Knowledge:

- |                           |                          |                            |                                   |                            |
|---------------------------|--------------------------|----------------------------|-----------------------------------|----------------------------|
| <input type="checkbox"/>  | <input type="checkbox"/> | <input type="checkbox"/>   | <input type="checkbox"/>          |                            |
| Blowing Bubbles           | Dunk-A-Roos              | Front/Back float           | Streamline with Kick              |                            |
| <input type="checkbox"/>  | <input type="checkbox"/> | <input type="checkbox"/>   | <input type="checkbox"/>          |                            |
| Back Glide                | Front/Back Kick          | Front/Back Crawl Swimming  | Changing Direction while swimming |                            |
| <input type="checkbox"/>  | <input type="checkbox"/> | <input type="checkbox"/>   | <input type="checkbox"/>          |                            |
| Safe Jumping & Pool Entry | Climbing Out of the Pool | Intro to Breaststroke Kick | Intro to Elementary Backstroke    | <input type="checkbox"/>   |
|                           |                          |                            |                                   | Rolling Over Front to Back |