



Debby the Duckling

Intro to Water Safety



Level 1 Parent & Child Swim

This is my record of Swimming Knowledge:

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Enter/Exit Water

Kicking With Support

Blowing Bubbles

Monkey Crawls

Alligator Walks

Dunkaroos

Child Passes

Back Float

Roll from Front to Back Float

Jumps & Recovery

Ice Cream Scoops

Reach for the Wall

Changing Directions while Swimming

Retrieving Water Toys